

Case History Report: Career Decision Guidance for S (Name changed for anonymity)



"After spending years working abroad, I had the desire to relocate

to Kolkata. However, I was feeling quite adrift because I lacked knowledge about the local job market. I was also uncertain whether I should switch to a new profession and explore different avenues or stick with my current path and figure out how to progress in it. Engaging in career counselling sessions has proven to be incredibly valuable for me. These sessions provided me with the much-needed clarity to shape both my career and my life in Kolkata. At present, I've also chosen to utilize the additional services offered, which are aiding me in building a professional network in Kolkata. These services are guiding me through the necessary steps to successfully relocate, giving me the opportunity for a fresh start in this new chapter of my life.

Background

S, a seasoned insurance professional with 15 years of experience in the Middle East, is planning a career transition from Muscat to Kolkata to be with his family. Seeking career guidance and holistic life planning, S embarked on a comprehensive journey of self-discovery to effectively navigate his career shift and personal aspirations.

Objective:

The consultation aimed to assist S in designing a fulfilling career and life in Kolkata while leveraging his strengths, interests, and family priorities.

Day 1: Personality Assessments and In-depth Interview, Qualitative Worksheets

The initial day involved an in-depth interview and various assessments to uncover S's personality traits and career aspirations. Qualitative worksheets provided insights into his goals:

- Relocate to Kolkata: Seeking career growth, personal development, and a change of environment.
- Learn Stock Market Trading Better: Aspiring to enhance his trading skills and become a proficient trader.
- Develop Knowledge in Insurance Loss Assessment Survey Career: Striving to excel in insurance loss assessment surveys.
- Build a Professional Network in Kolkata: Recognizing the importance of networking for a successful transition.
- Explore Other Income Earning Avenues: Desire to explore additional income streams.
- Look for Appropriate Investment of Surplus: Seeking suitable investment options in India.



Day 2: Expert Consultation and Discussion of Qualitative Worksheets

S engaged in discussions with an industry expert, expanding his understanding of potential career paths beyond his insurance background. This consultation widened his perspective and prompted him to consider diverse options.

Day 3: Report Presentation and Addressing Personal Domains

During the third session, S received a comprehensive report outlining tailored recommendations based on his goals, assessments, and expert insights. The report highlighted insurance consultancy, stock market trading, maintaining current employment, networking, continuous learning, and building a social life in Kolkata.

Life Design Planning:

The life design planning session delved into S's social life in Kolkata and his relationship with his wife and peers. This process aimed to ensure a balanced and fulfilling life in his new environment.

Current Status and Action Plan:

S is actively participating in a next-level entrepreneurship program while focusing on networking. Preparing for his visit to Kolkata, he is taking proactive steps towards his career transition and personal integration.

Conclusion:

S's case illustrates a holistic approach to career and life design. By leveraging personality assessments, expert consultations, qualitative worksheets, and life design planning, he has gained a comprehensive understanding of his career options and personal aspirations. S's commitment to continuous learning, networking, and developing a social life underscores his dedication to a well-rounded and fulfilling transition. **This case history demonstrates the power of a structured process in guiding individuals through significant career and life changes.**

